



# DR. AMIR MOHAMMAD PAHLAVNEJAD (PH.D.)

Counseling and Coaching Psychologist

Age: 52

## Mission and Values

Commitment to continuous personal growth and development; helping individuals and teams improve their quality of life and performance. My values are: Integrity, Wisdom, Bravery, Flexibility, and Kindness.

## CONTACT

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## HOBBIES:

Spending time with family and friends, hiking, watching movies, exercising, calligraphy, writing, reading books, teaching martial art of Aikido.

## NATIONALITY:

British, Iranian and UAE Resident.

## AREAS OF COMPETENCE

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- Executive & Life Coaching
- Counseling
- Human Resource Development Consulting
- Training & Facilitation

## ACADEMIC BACKGROUND

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- Ph.D. in Counseling
- Master of Counseling
- Business Management (Vocational MBA)
- Bachelor of Mining Engineering

## INTERNATIONAL PROFESSIONAL CERTIFICATES

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- William Glaser International Institute – Senior Faculty Member; Certificate of Choice Theory, Reality Therapy and Lead Management.
- Certificate of Foundations of Positive Psychology Specialization, Pennsylvania University.
- International Life Coaching Certificate from AOC – United States
- Certificate in International Business Coaching from the Frank Bresser Consulting Institute – Germany
- International Business Coaching Certificate from Denkerfolg Intercultural (Steffi Barmann) – Austria
- International Certificate of Assessor Skills, Design and Management of Development and Assessment Centers from PSI a&dc UK.

## BOOKS

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- 10 published books in life, executive and organizational coaching, including: Life Coaching, Choice Coaching, and Positive Coaching.

## DESIGNED AND CONDUCTED WORKSHOPS (COUNSELING AND COACHING)

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- Choice and Positive Coaching
- Integrative Coaching Psychology
- Reality Therapy and Counseling with Choice Theory

## DESIGNED AND CONDUCTED WORKSHOPS (SOFT SKILLS)

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- Mindsets, Responsible Behavior and Responsible Life
- Personal Leadership and Effectiveness
- Balanced Lifestyle
- General Management and Leadership Skills
- Assertiveness
- Interpersonal Conflict Resolution
- Providing Feedback and Feedforward
- Teamwork and Working with Groups
- Competency-based Interviewing Skills
- Assessor Skills and Management of Development Centers